



SLOVENIAN OPEN MASTERS SWIMMING CHAMPIONSHIP

Sports club Aktivček with Slovenian swimming Association (PZS) are organizing Slovenian open masters swimming championship. The competition will take place, in indoor Olympic swimming pool, in Kranj on Saturday, 16th March 2013. The competition starts at 10:45. Timing will be measured electronically.

You can apply through the web at www.aktivcek.com or through e-mail: info@aktivcek.com, from 1st February to Wednesday, 13th March 2013. Each competitor can take part in four individual disciplines and in all relays. The admission fee is 17€ for electronic money orders carried out till 15th of March, or 20€ paid on the day of the competition.

Money order on (NLB bank): 0206 8025 5682 528, purpose: VDP FEE.

TIMETABLE:

Note: The following timetable is just a frame and we hold the right to change the arrangement the disciplines and the timetable according to the applications. We ask the competitors to apply on time (deadline is 13th March).

Order of precedence of disciplines

MORNING

- 9.30 - 10.00 Registration, starting fee
- 10.00 - 10.40 Warm up
- 10.45 Morning part by following events
 - 100 freestyle
 - 200 breaststroke
 - 100 backstroke
 - 200 medley
 - 100 fly
 - 50 breaststroke
 - 400 freestyle (1500 free, 400 medley)

Long distance swimmers: if you want to swim 1500 freestyle or 400 medley, you have to let us know in the application. If at least four swimmers apply, the above mentioned disciplines will be carried out at the end of the morning part of the competition. We hold the right to limit number of heats on 1500 freestyle.

- 12.15 - 13.00 BREAK

AFTERNOON

- 13.15 – 13.45 Warm up
- 13.50 Afternoon part by following events
 - Relay 4x 50 medley
 - 50 fly
 - 100 breaststroke
 - 50 backstroke
 - 200 freestyle
 - 100 medley
 - 200 fly
 - 50 freestyle
 - 200 backstroke
 - Relay 4x 50 freestyle
 - Relay 4x50 medley 2+2*

*Note: Relay 2+2 is carried out by two male and two female swimmers.



Age Groups:

18 – 24	55 – 59
25 – 29	60 – 64
30 – 34	65 – 69
35 – 39	70 – 74
40 – 44	75 – 79
45 – 49	80 – 84
50 – 54	85 – 89
	90 +

The swimmers compete at their own risk.

For all additional information we are available on telephone +38640435183 (Andrej) or via e-mail piro23@siol.net .

With sport regards,
ŠD Aktivček